

Emergency Kits

In preparation for disasters it is best to have 2 emergency kits packed and ready to go. An emergency evacuation kit and an emergency kit with provision to sustain you through a period of isolation, no power or prolonged evacuation.

Emergency Evacuation Kit – Go Box

The need to evacuate may occur with little notice, preparing an evacuation kit before the need will save you time in an emergency and will be one less thing to stress about.

Your Emergency Kit contains the provisions for your essential needs in the event of an emergency and should include such things as important documents, essential medications and scripts, phones, chargers and back-up power sources, and small items of personal importance.

- Longer Term Evacuation or Isolation Kit**
- Water for 3 days (3 litres per person per day)
 - Non-perishable food supplies
 - Lantern
 - Blankets / sleeping bag / pillow
 - Camp cooker
 - Antibacterial handwash / soap
 - Clothes
 - Spare batteries for everything

Emergency Go Box Checklist

General

- Important documents in waterproof pouch (passports, birth certificates, wills, insurances etc)
- Medical needs, prescriptions and spare glasses
- Mobile Phone, charger and spare power pack
- Important contact list (hard copy with numbers for emergency services, family and support team)
- Battery or wind up radio
- Waterproof matches
- Candles/lantern
- Flash light with spare batteries
- First aid kit
- Sealed snack
- Bottled water
- Personal hygiene and toiletry items
- Cash
- Valuables or mementos

If you have young children

- Baby formulae and food
- Nappies
- Special items (teddy, special blanket etc)
- Entertainment (books or games)

If you have pets

- Collar and name tags
- Lead
- Food, water and bowl
- Carry cage
- Photo of pet (in case it runs away or gets lost)

EMERGENCY EVACUATION KIT

